

Professional Music Therapy/Counseling Bio

Laura Tauzin is a 1997 graduate of Elizabethtown College where she earned a B.S. in Music Therapy. As a student she enjoyed working with children/teens at Bethany Children's Home and learning about music therapy and medicine at Hershey Medical Center in the oncology unit. She interned at Norristown State Hospital treating adult psychiatric patients with schizophrenia, personality disorders, OCD, and various mood and behavioral disorders.

In February of 1997, Laura created the music therapy program for Lutheran Social Services of South Central PA (currently SpiriTrust) treating older adults with dementia, Parkinson's disease, mood disorders, and end of life needs, across three campuses. Later, she began providing music therapy services at Levindale Geriatric Home and Hospital working with adult psychiatric and ventilator-dependent clients.

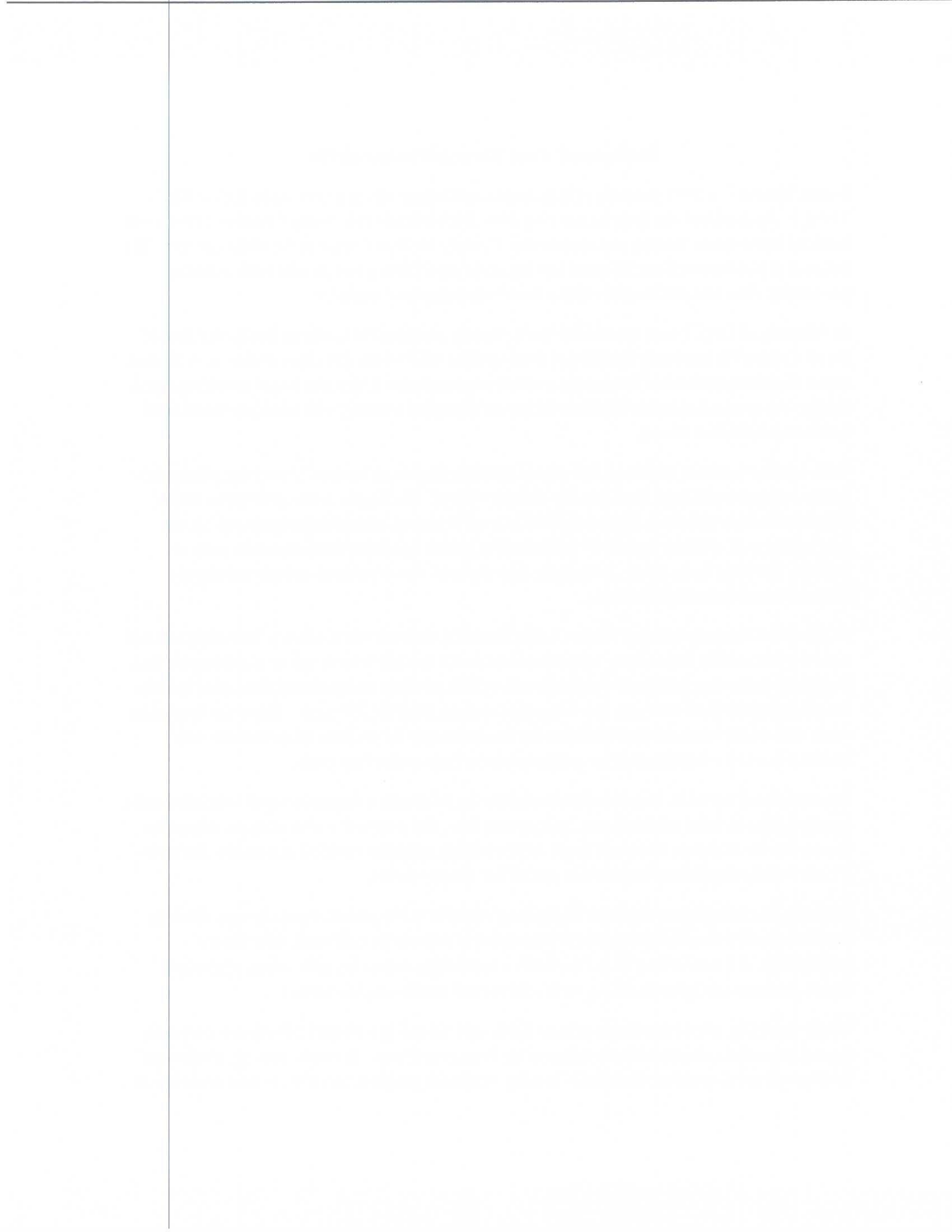
With a desire to return to school, she started graduate classes at Towson University, where she learned of opportunities at the Kennedy Krieger School. She began working full-time at the Kennedy Krieger School in Baltimore, MD, a level V special education program, where she specialized with children ages K-8th grade having autism and other brain disorders such as ADHD, traumatic brain injury, orthopedic impairments, developmental delays, emotional disorders, and mental health issues.

While at the Kennedy Krieger School, Laura created a national music therapy internship site and served as Internship Supervisor. She supervised music therapy interns and music therapists and co-treated with other health care professionals (social workers, occupational therapists, speech language pathologists, and physical therapists) to meet students IEP goals. There she learned to work with treatment teams and advocate for music therapy for students who required such services to make educational gains and progress on their counseling goals.

She completed her M.S. from Towson University in 2002 with a degree in music education and a concentration in voice performance. During this time, she proposed a trial of music education classes for the Kennedy Krieger School. While becoming dually certified as a music teacher N-12, she briefly taught music classes as part of her therapy duties.

With the rise of insurance demands and billing concerns at the school, music therapy sessions were covered by licensed counselors at the school in order to be validated. After much deliberation, she returned to school to obtain a counseling degree in order to stay viable as a music therapist and have the ability to bill for mental health services herself.

While attending school she taught private music lessons at Experimental Movement Concepts, provided contractual music therapy groups for Penn-Mar Human Services, serving adults with intellectual developmental disabilities in a day treatment program, and Kids in Motion (a private



occupational therapy business, where she co-treated social skills groups with OT and speech therapist with children having autism, anxiety, and other social communication disorders.) She also began offering groups for the Center for Creative Arts and Play Therapy.

Laura completed her M.S. in Mental Health Counseling from Capella University in 2011, with her capstone project focused on grief and loss in children with autism. She became a companion for Olivia's House in York, PA where she served groups using her music therapy gifts. She interned/worked at PA Comprehensive Behavioral Health in York, PA, a community mental health center, treating an array of children and adults with various mental health and behavioral disorders (traumatic grief, adjustment disorders, trauma, mood disorders, anxiety, ADHD) for seven years. There she learned about DBT (Dialectical behavior therapy), and TF-CBT (trauma-focused CBT). She gained experience serving children in the foster care system, being involved in court testimonies, treating clients and families in their homes/schools as a mobile therapist/behavior specialist consultant, and as an outpatient counselor.

During this time she began play therapy training. In 2013 she received her LPC in the state of PA. She left community mental health and began working towards private practice.

Laura began working at The Center for Creative Arts and Play Therapy in York, PA, as a sub-contractor therapist where she specialized in ADHD, anxiety, autism, grief/loss, developmental disabilities, and group work over a period of 8 years. There she integrated music therapy as appropriate with cognitive-behavioral therapy, the creative arts, play techniques, dialectical behavior therapy, and mindfulness with children, teens, adults, and families.

In July 2019, Laura started Sound Health Counseling Solutions, LLC where she currently integrates music therapy, counseling, and creative modalities. She recently completed her RPT in play therapy (2021) and earned a certification in Animal-Assisted Play Therapy.

In addition to her private practice duties, Laura is the Music Minister for St. John's Lutheran Church in New Freedom, PA. She is married, the mother of two children (a daughter and a son), and the owner of a pet golden doodle (an animal assisted play therapy dog) whom enjoys working at the office. Laura enjoys reading, walking, playing the piano, singing, and spending time with friends and family. She looks forward to continuing to serve her community to the best of her abilities.

